



Beth Israel Deaconess  
Medical Center

Elliott Hoel, HMS III  
Gillian Lieberman, MD

July 2015

# A Case of Hepatocellular Carcinoma Treated with Interventional Radiology

Elliott Hoel, Harvard Medical School Year III  
Gillian Lieberman, MD

# Agenda

- Our patient
- American College of Radiology guidelines
- Transarterial chemoembolization (TACE)
- Radiofrequency ablation (RFA)
- Efficacy of RFA and TACE

# Agenda

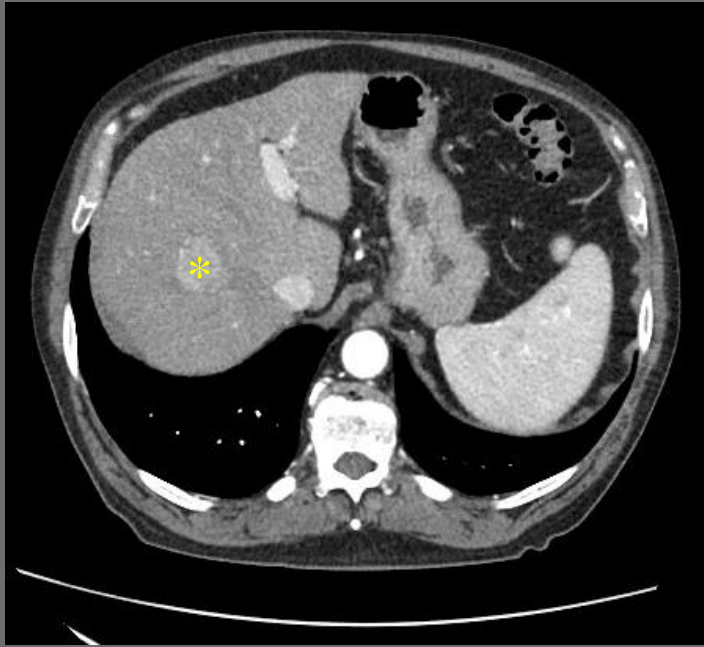
- **Our patient**
- American College of Radiology guidelines
- Transarterial chemoembolization (TACE)
- Radiofrequency ablation (RFA)
- Efficacy of RFA and TACE



# Our Patient: History

- Senior male with liver cirrhosis due to hemochromatosis and heavy alcohol use
- Hepatocellular carcinoma (HCC) discovered with ultrasound and confirmed with biopsy at outside hospital
- Cirrhosis well compensated—patient active and working

# Our Patient: HCC on CT



AXIAL C+ ABDOMINAL CT: ARTERIAL



AXIAL C+ ABDOMINAL CT: PORTAL

HCC **enhances** in the arterial phase  
before **washing out** in the portal phase

# Agenda

- Our patient
- **American College of Radiology guidelines**
- Transarterial chemoembolization (TACE)
- Radiofrequency ablation (RFA)
- Efficacy of RFA and TACE

# Our Patient: HCC Qualities

- Single tumor
- Measured about 2 cm in diameter at original presentation at outside hospital
- Measures a little over 3 cm in diameter after referral for treatment at our hospital

# Treatment: Solitary Tumor <3 cm

**Clinical Condition:** Radiologic Management of Hepatic Malignancy

**Variant 1:** Hepatocellular carcinoma: Solitary tumor <3 cm.

Treatment/Procedure	Rating	Comments
Systemic chemotherapy	3	
Resection	8	
Transplantation	9	
Chemical ablation	6	
Thermal ablation	8	
Transarterial embolization (TAE)	5	
Transarterial chemoembolization (TACE)	5	
Selective internal radiation therapy (SIRT)	5	

**Rating Scale:** 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate



From American College of Radiology. ACR Appropriateness Criteria®. Available at www.acr.org/ac. Accessed July 18th, 2015.

Liver **transplantation** is rated highest by ACR, followed by **resection** and **thermal ablation**



# Treatment: Solitary Tumor 5 cm

**Variant 2: Hepatocellular carcinoma: Solitary tumor 5 cm.**

Treatment/Procedure	Rating	Comments
Systemic chemotherapy	3	
Resection	8	
Transplantation	9	
Chemical ablation	3	The tumor is too large for chemical ablation. May use it instead of or in addition to thermal ablation depending on tumor location.
Thermal ablation	5	
Transarterial embolization (TAE)	6	
Transarterial chemoembolization (TACE)	7	
Selective internal radiation therapy (SIRT)	7	Especially applicable in portal vein thrombosis or extensive bilobar disease.
Transarterial chemoembolization (TACE) combined with thermal ablation	7	
<b>Rating Scale:</b> 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate		



From American College of Radiology. ACR Appropriateness Criteria®. Available at [www.acr.org/ac](http://www.acr.org/ac). Accessed July 18th, 2015.

With a larger tumor, **TACE with thermal ablation** is favored over **thermal ablation alone**



# Our Patient: Treatment

- Transplant possible but patient must abstain from alcohol and wait for available liver—HCC may progress in the meantime
- Resection unsuitable due to cirrhosis and location of tumor deep in right lobe—remaining function would be insufficient
- TACE with RFA (a type of thermal ablation) is chosen by patient and team as bridging therapy to potential transplant

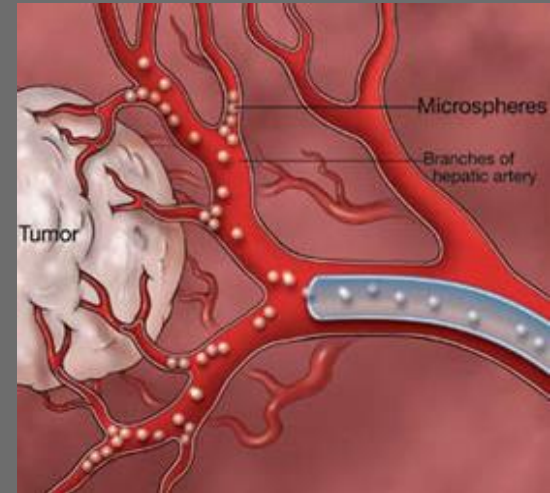
# Agenda

- Our patient
- American College of Radiology guidelines
- **Transarterial chemoembolization (TACE)**
- Radiofrequency ablation (RFA)
- Efficacy of RFA and TACE



# TACE: Overview

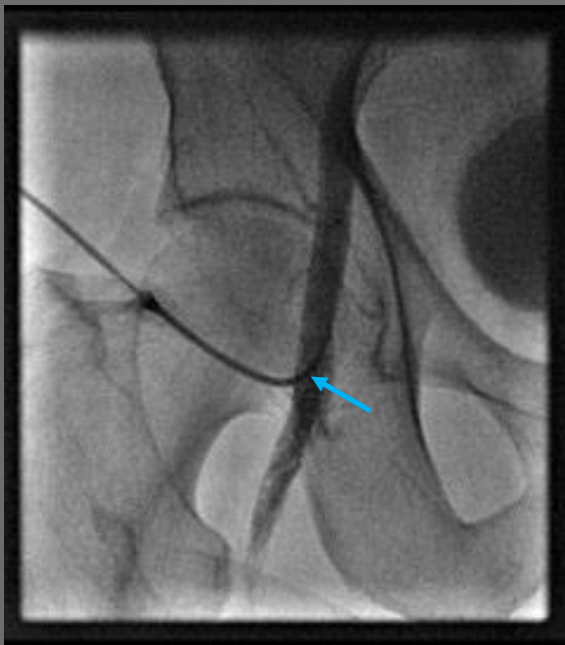
- Catheterize branch of hepatic artery feeding tumor via femoral artery
- Deposit drug-eluting microspheres to deliver chemotherapy and embolize
- Postembolization syndrome seen in ~90%
- Major complications seen in ~5%



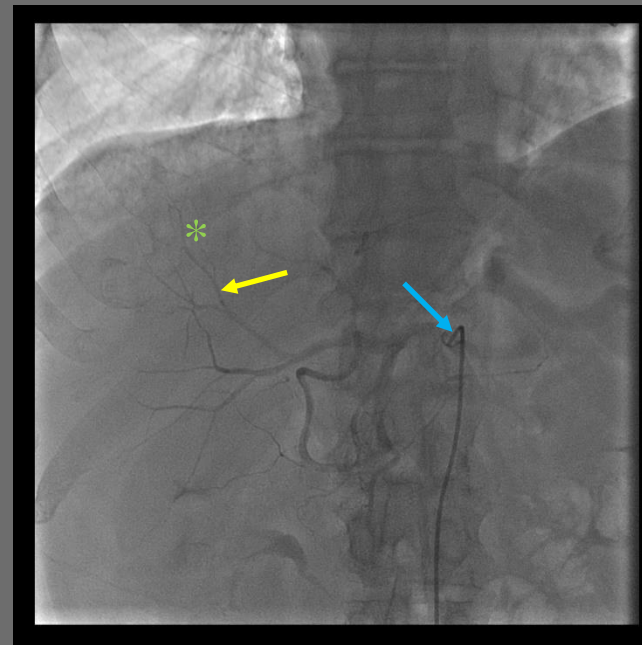
From California Pacific Medical Center, Sutter Health. On <http://www.cpmc.org/advanced/liver/patientstopics/MetasticLiver-profile.html>.



# Our Patient: TACE Approach



ANGIOGRAM: FEMORAL ARTERY

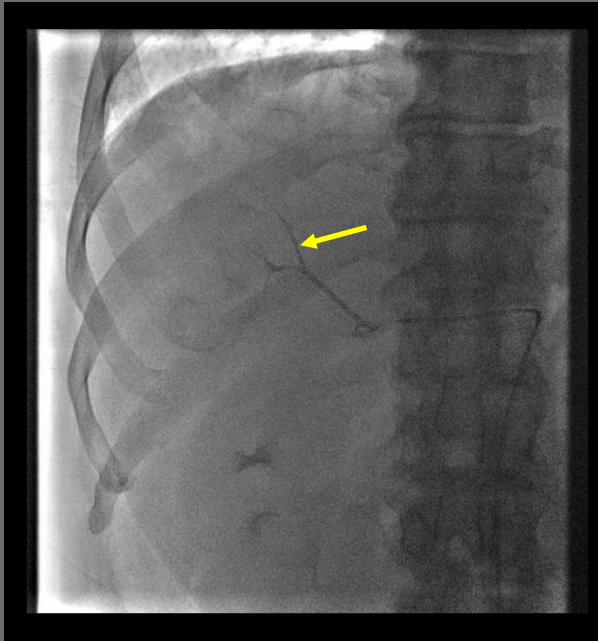


ANGIOGRAM: CELIAC TRUNK

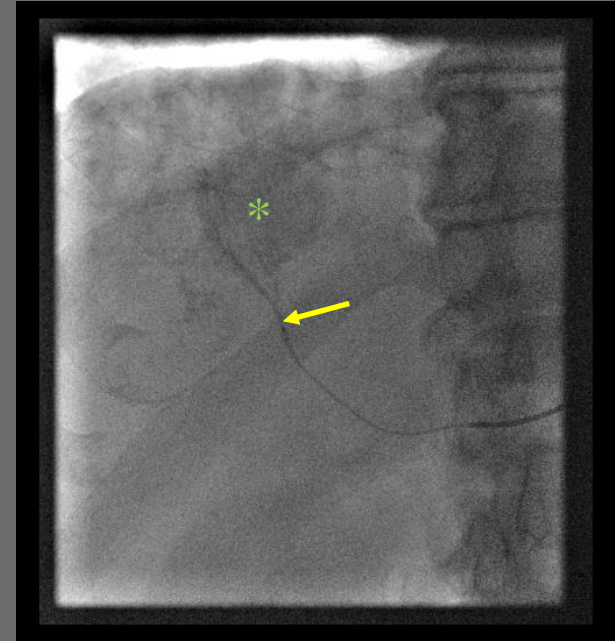
**Catheter** inserted via femoral artery advancing toward **branch of hepatic artery** feeding **tumor**



# Our Patient: TACE Positioning



ANGIOGRAM: HEPATIC ARTERY

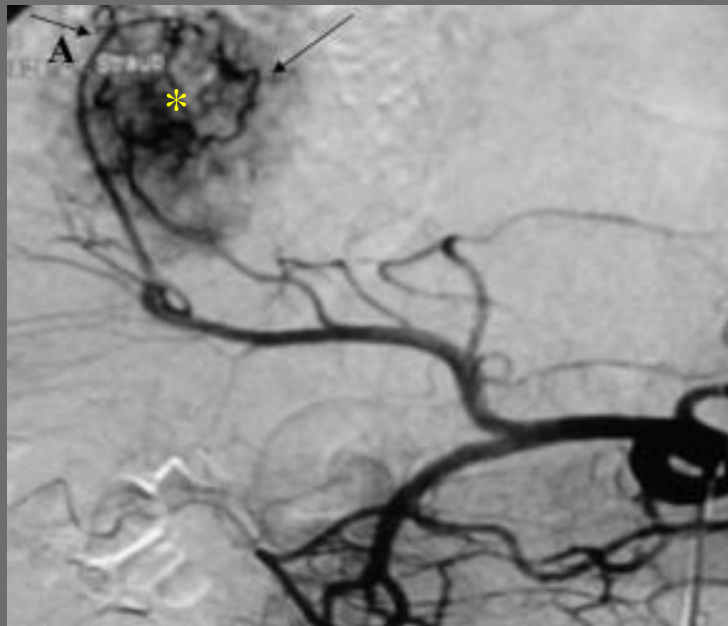


ANGIOGRAM: TUMOR

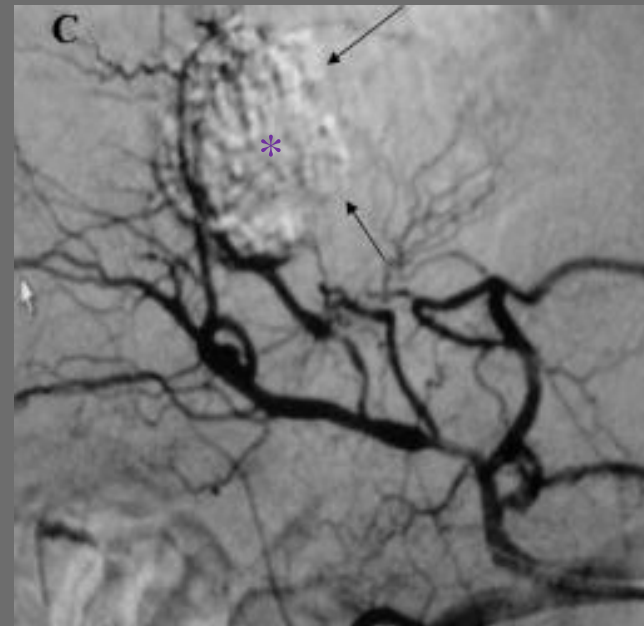
Catheter advanced into **branch of hepatic artery** feeding **tumor** to deposit microspheres



# Companion Patient: TACE



ANGIOGRAM: HEPATIC ARTERIES



ANGIOGRAM: HEPATIC ARTERIES

Tumor **enhances before** but **not after**  
successful embolization of feeding arteries

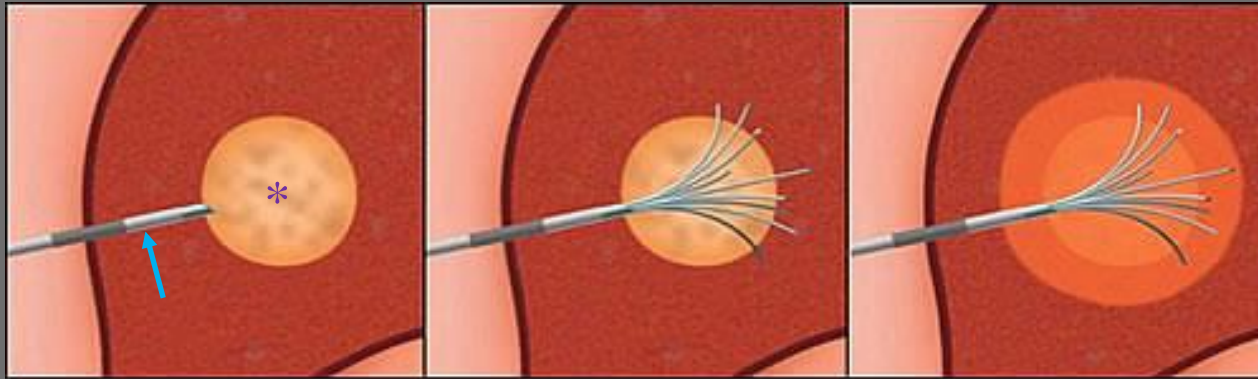
# Agenda

- Our patient
- American College of Radiology guidelines
- Transarterial chemoembolization (TACE)
- **Radiofrequency ablation (RFA)**
- Efficacy of RFA and TACE





# Radiofrequency Ablation: Overview

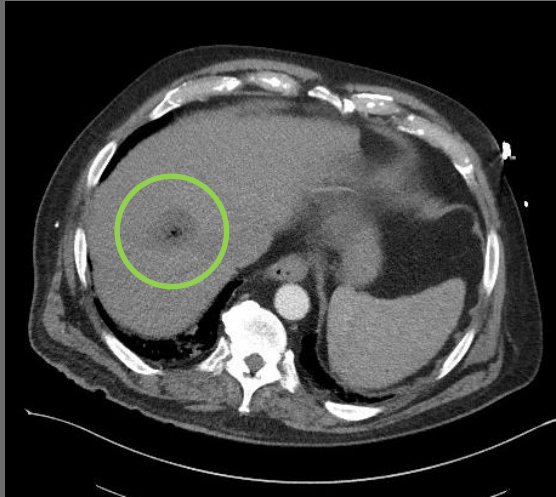


From Vascular and Interventional Physicians, Spectrum Medical Group. On <http://www.mainevascular.com/site/cancer.htm>.

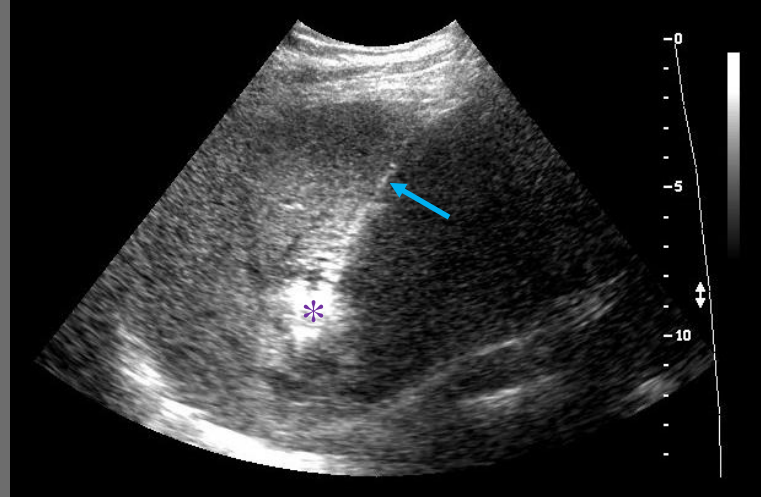
- Insert **probe** into liver percutaneously
- Destroy **tumor**, margin, and insertion path with heat produced by A/C current
- Major complications seen in ~3%



# Our Patient: RF Ablation



AXIAL C+ ABDOMINAL CT



ULTRASOUND LIVER

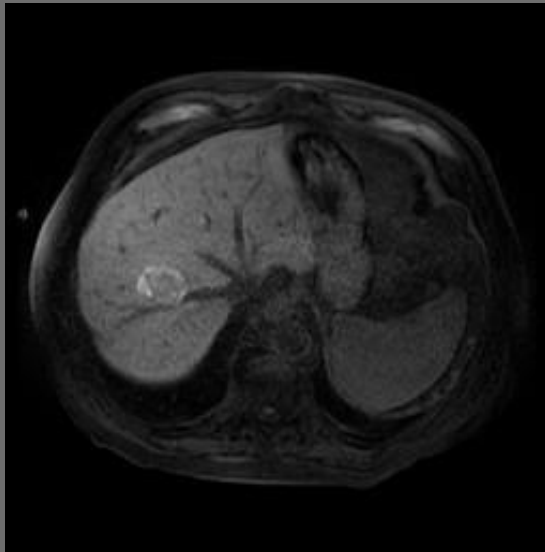
**Probe** inserted into **tumor** under ultrasound guidance following preliminary CT showing **tumor with central air** from successful TACE

# Agenda

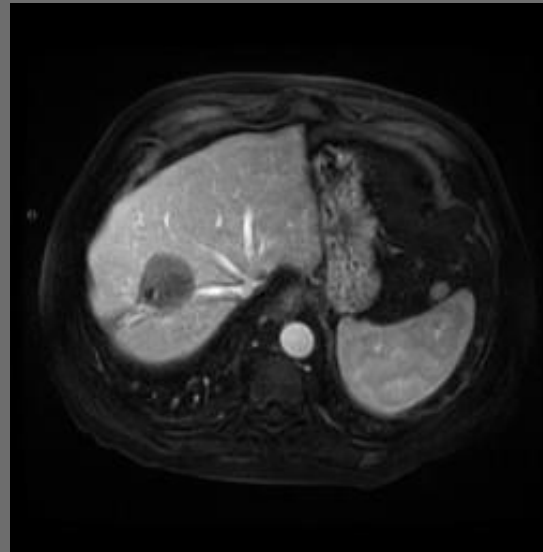
- Our patient
- American College of Radiology guidelines
- Transarterial chemoembolization (TACE)
- Radiofrequency ablation (RFA)
- **Efficacy of RFA and TACE**



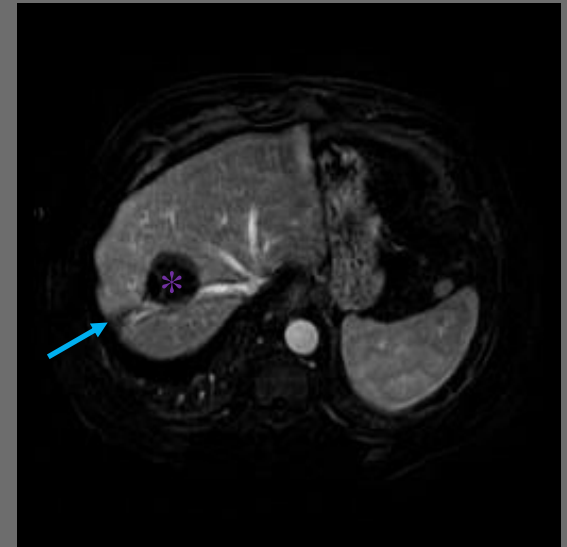
# Our Patient: One Month Post



AXIAL MRI PRE-CONTRAST



AXIAL MRI POST-CONTRAST

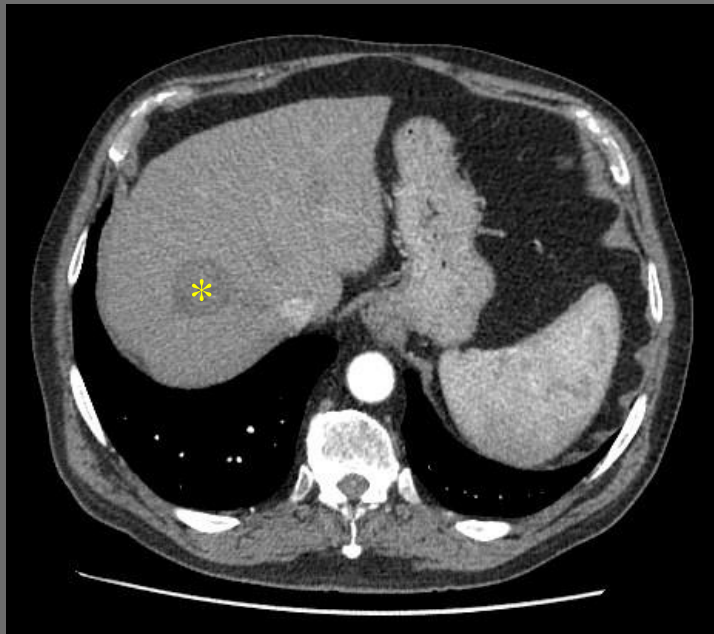


AXIAL MRI SUBTRACTION

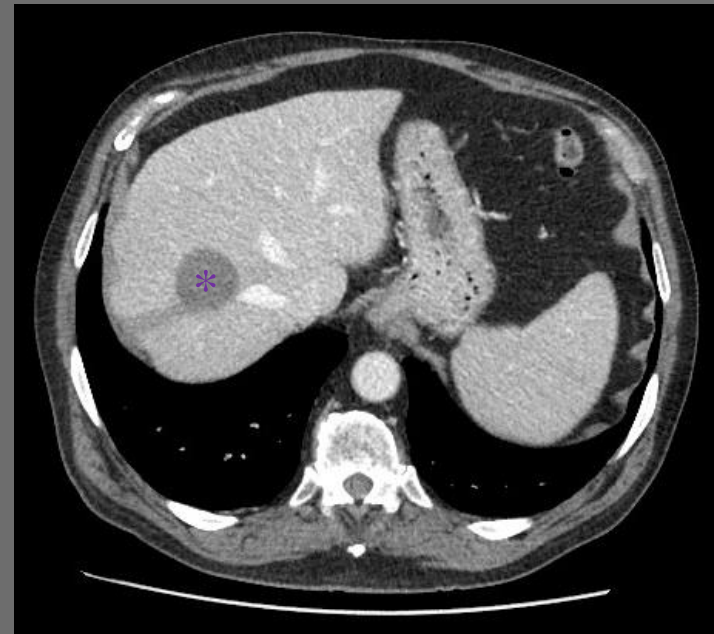
Follow-up MRI shows no contrast enhancement at **site of tumor** or **path of insertion of RFA probe**—this indicates successful treatment



# Our Patient: Three Months Post



AXIAL C+ ABDOMINAL CT: ARTERIAL

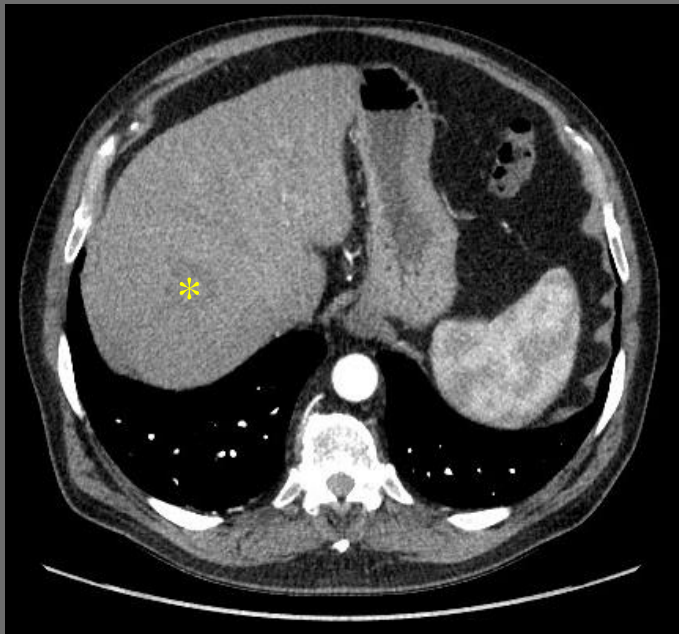


AXIAL C+ ABDOMINAL CT: PORTAL

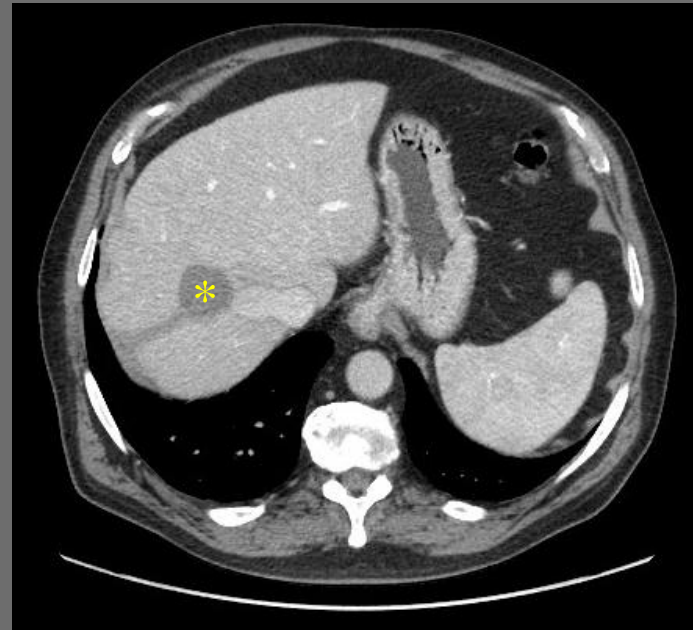
**No enhancement** of treatment site in the arterial phase and **no enhancement** in the portal phase



# Our Patient: One Year Post



AXIAL C+ ABDOMINAL CT: ARTERIAL



AXIAL C+ ABDOMINAL CT: PORTAL

**Site of treatment** remains stable with no enhancement and hence no evidence of HCC



# Our Patient: Outcome

- Patient tolerated treatment with no side effects or complications
- Imaging shows no evidence of missed, recurrent, or new HCC at one year
- Patient is in good health—status on transplant list consequently made inactive only to be made active if patient falls ill



# TACE: Known Efficacy

- Overall survival at 2 years is higher after TACE (63%) than after conservative treatment (27%) for unresectable HCC (N=112)
- Overall survival after TACE is 26% at 5 years (N=8510)
- Transplant dropout rate potentially lower with TACE (3-9%) than without (25-38%)





# RFA: Known Efficacy

- Transplant dropout rate is lower with RFA (6-14%) than without (25-38%)
- Overall survival after RFA is statistically equal to overall survival after resection for tumors less than 3 cm (58-74% at 5 years)
- RFA is consequently challenging resection as treatment for tumors less than 3 cm



# TACE with RFA: Known Efficacy

- Overall survival at 5 years is higher after TACE with RFA (44%) than after TACE alone (20%) for recurrent HCC (N=103)
- Recurrence rate is lower after TACE with RFA (21%) than after both TACE alone (57%) and RFA alone (43%) (N=103)
- Quality of life scores are higher after TACE with RFA than after TACE alone (N=83)



# Summary

- Our patient has responded well to treatment
- ACR recommends TACE with RFA for solitary HCC tumors of 5 cm if transplant and resection are not possible
- TACE delivers chemotherapy and blocks blood supply to tumor
- RFA destroys tumor with heat
- TACE and RFA are promising treatments

# Acknowledgements

- Gillian Lieberman, MD
- Salomao Faintuch, MD
- Hannah Perry, MD
- Anthony Esparaz, MD
- Quang Nguyen, MD
- Joseph Singer

# References

- Surveillance, Epidemiology, and End Results (SEER) Program ([www.seer.cancer.gov](http://www.seer.cancer.gov)) Research Data (1973-2012), National Cancer Institute, DCCPS, Surveillance Research Program, Surveillance Systems Branch, released April 2015, based on the November 2014 submission.
- Kouri BE, Funaki BS, Ray CE, et al. ACR Appropriateness Criteria® radiologic management of hepatic malignancy. Available at <https://acsearch.acr.org/docs/69379/Narrative/>. American College of Radiology. Accessed July 18, 2015.
- Tan CH, Low SC, Thng CH. APASL and AASLD Consensus Guidelines on Imaging Diagnosis of Hepatocellular Carcinoma: A Review. *Int J Hepatol*. 2011;2011:519783.
- Clark TW. Complications of hepatic chemoembolization. *Semin Intervent Radiol*. 2006;23(2):119-25.
- Rhim H. Complications of radiofrequency ablation in hepatocellular carcinoma. *Abdom Imaging*. 2005;30(4):409-18.
- Llovet JM, Real MI, Montaña X, et al. Arterial embolisation or chemoembolisation versus symptomatic treatment in patients with unresectable hepatocellular carcinoma: a randomised controlled trial. *Lancet*. 2002;359(9319):1734-9.
- Lau WY, Lai EC. The current role of radiofrequency ablation in the management of hepatocellular carcinoma: a systematic review. *Ann Surg* 2009; 249(1):20-25
- Pompili M, Francica G, Ponziani FR, Iezzi R, Avolio AW. Bridging and downstaging treatments for hepatocellular carcinoma in patients on the waiting list for liver transplantation. *World J Gastroenterol*. 2013;19(43):7515-30.
- Vogl TJ, Naguib NN, Nour-Eldin NE, et al. Review on transarterial chemoembolization in hepatocellular carcinoma: palliative, combined, neoadjuvant, bridging, and symptomatic indications. *Eur J Radiol* 2009; 72(3):505- 516.
- Wang YB, Chen MH, Yan K, Yang W, Dai Y, Yin SS. Quality of life after radiofrequency ablation combined with transcatheter arterial chemoembolization for hepatocellular carcinoma: comparison with transcatheter arterial chemoembolization alone. *Qual Life Res*. 2007;16(3):389-97.
- Yang W, Chen MH, Wang MQ, et al. Combination therapy of radiofrequency ablation and transarterial chemoembolization in recurrent hepatocellular carcinoma after hepatectomy compared with single treatment. *Hepatol Res*. 2009;39(3):231-40.